

Darcy Road Public School

Canteen Menu 2018

LOOK OUT FOR COUNTER EVERY DAY FOOD SPECIALS		LOOK OUT FOR COUNTER EVERY DAY FOOD SPECIALS	
<u>SANDWICHES</u> -White/Wholemeal		<u>SALAD BOWLS</u> - w/<i>Italian dressing</i>	
Cheese	E	\$2.20	Garden Salad E \$4.50
Cheese/Tomato	E	\$2.50	Lettuce, Tomato, Beetroot, Carrot, Cucumber
Ham	E	\$2.60	Add to Garden Salad
Ham, Cheese	E	\$3.10	Chicken or Ham or Tuna or Egg E \$5.50
Ham/Cheese/Tomato	E	\$3.40	Roasted Pumpkin Salad
Plain Egg	E	\$2.50	Lettuce, Beetroot, Feta Cheese & Pumpkin E \$5.50
Curried Egg	E	\$2.50	
Roast Chicken	E,H	\$3.50	<u>WRAPS</u>
Roast Chicken, Lettuce	E,H	\$3.80	Salad (Lettuce, Tomato, Beetroot, E \$4.00
Roast Chicken & Cheese	E,H	\$4.00	Cucumber & carrot)
Vegemite/Jam	E	\$2.00	Salad with Cheese or Chicken or Tuna or Egg E \$4.50
Tuna	E	\$3.00	Sweet Chilli Tender with Salad EH \$5.50
Salad	E	\$3.50	Falafel Wrap with Salad and Hommus VE \$5.50
(Lettuce, Tomato, Beetroot, Carrot, Cucumber)			
<u>Cruskits w/-</u>			<u>PIZZA / PASTA / NOODLES</u>
- Cheese	E	\$1.50	Vegetarian Lasagne (200g) E,H,V \$4.00
- Vegemite	E	\$1.20	Beef Lasagne (200g) E,H \$4.00
			Spaghetti Bolognese (200g) E,H \$4.00
			Marcaroni & Cheese (200g) E,H, V \$4.00
<u>EXTRAS - EACH</u>			Beef Stir-Fry Noodles E \$4.50
Lettuce, Tomato, Carrot, Cucumber, Beetroot	E	\$0.30	Fried Rice (200g) E,H,V \$4.00
Cheese, Ham, Chicken, Egg, Tuna	E	\$0.50	Pizza - Cheese (Cheese & Tomato sauce) E,V \$2.00
			- Margherita (Cheese, Tomato & Tom sauce) E, V \$2.00
			- Roast Chicken, Cheese & BBQ sauce E \$2.00
<u>HOT FOODS</u>			<u>BURGERS</u>
Chicken & Corn Roll	O	\$2.00	Chicken Burger (Chicken Patty, Lettuce & Mayo) O,H \$4.00
Chicken Nuggets / Goujons	O,H	\$0.60	Cheese Burger (Beef Patty, Cheese & Tom Sauce) E \$4.00
Fish Fingers	O,H	\$0.60	Vegie Burger (Vegie Pattie, Lettuce & Tom Sauce) O,V,H \$4.00
Spring Rolls	E, V	\$1.00	Sweet Chilli Tender Burger (Sweet Chilli Tender, Lettuce, Mayo) O, H \$4.50
Noodles - Chicken/Beef	E	\$2.50	
Beef Pie/Sausage Roll	O,H	\$3.00	<u>MENU EXPLANATIONS</u>
Cheese & Bacon Bun	O	\$2.00	H - Halal / V - Vegetarian / GF - Gluten Free
Garlic Bread	O	\$2.00	E - Everyday / O - Occasional select carefully
Cup Corn Kernels - Counter Only	E	\$1.00	<u>SUNDRY ITEMS</u>
			Sauce Sachets - Tomato or BBQ \$0.30
			Lunch Bags / Spoon / Fork \$0.10
Crunch & Sip \$2.00			
Bottle of water 250ml + Fruit			

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Canteen Menu 2018

SNACKS

Deli Rock Chips - 28g
 Popcorn - 25g Lightly Salted/BBQ
 Snaps
 Grainwaves
 Messy Monkeys - 20g
 Mamee Noodle Snack
 Jelly Cup

FRESH FRUITS

Oranges
 Apples
 Watermelon

DRINKS

O	\$1.50	Up & Go 250 ML	E	\$2.50
O,GF,V	\$1.50	Apple/Orange Juice 350 ML	E	\$2.50
O,H	\$2.00	Bottled Water 350ml	E	\$1.50
O	\$1.50	Bottled Water 600ml	E	\$2.00
E,GF	\$1.50	Popper Just Juice Drink 200 ML (Orange, Apple)	E	\$1.50
O	\$1.00	Chill J 100% Fruit Juice	E	\$2.00
H,E,F	\$1.00	Moove Flavoured Milk (Chocolate, Strawberry)	E	\$2.50
		Plain Milk	E	\$2.00

FROZEN SNACKS

		Yoghurt Ice Bars	E	\$1.00
		Slushie 99% Fruit Juice (250ml)	E	\$2.00
		Quelch Fruit Sticks-99% Juice	E	\$1.00
		Moosies	O	\$1.50
		Juices Fruit Tubes	E	\$1.50

SUSHI -Tuesday
Must be Pre Ordered
before Tuesday

Chilli Con Carne
Wednesday



Teriyaki Chicken Roll - Cucumber (GF Soy Sauce)	E, H, GF	\$4.50
Tuna - Cucumber Roll (GF Soy Sauce)	E, GF	\$4.50
Veggie Roll - Tofu, Carrot Cucumber (GF Soy Sauce)	E, GF	\$4.50



Combo Pack - Teriyaki Chicken & Tuna	E, GF, H	\$5.50
Tuna Pack (incl GF Soy Sauce)	E, GF	\$5.50
Cucumber Pack (incl GF Soy Sauce)	E, GF	\$5.50
Avoacdo Pack (incl GF Soy Sauce)	E, GF	\$5.50



Vegetarian Rice Paper Rolls (1)	E	\$4.20
Chicken Rice Paper Rolls (1)	E	\$4.20
Vegetarian Rice Paper Rolls (2)	E	\$8.00
Chicken Rice Paper Rolls (2)	E	\$8.00



Baked Potato filled with Chilli Con Carne Beef topped with fat reduced Yoghurt	E, H	\$4.50
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MENU EXPLANATIONS

H - Halal / V - Vegetarian / GF - Gluten Free
 E - Everyday / O - Occasional select carefully

SUNDRY ITEMS

Sauce Sachets - Tomato or BBQ	\$0.30
Lunch Bags	\$0.10
Spoon / Fork	\$0.10